

DIABETES QUESTIONNAIRE



Name Date of birth

Type of diabetes: Type 1 Type 2

Treatment: Diet Tablets Insulin Insulin pump

Age/date when your diabetes was diagnosed?

Do you have any other medical conditions? Yes No

If yes please give details:

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Please list your regular medications:

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Do you have limited mobility? Yes No

Please list your last 3 HbA1c results and dates.

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On average many times do you check your blood sugar a day?

Please tick the categories which best describe you

When I think I have symptoms of low blood sugar, I do a test always sometimes never

If checked, is your reading below 4mmol/L? Yes No

When my blood sugars are below 4mmol/L I have symptoms always sometimes never

To what extent can you tell by your symptoms that your blood sugar levels are low?

Rarely sometimes often/always

Please describe any of the symptoms you may get:.....

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.....

How often in an average 3 month period have you had a hypoglycaemic episode

where you treated yourself immediately?

needed someone to help you eg GlucoGel?

with loss of consciousness and needed an injection of Glucagon or ambulance?.....

Do you take your diabetes medication regularly? Yes No

Do you often rarely never miss meals?

Do you exercise regularly? If so please give details. Yes No

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If you exercise regularly, do you check your blood glucose before and after exercise? Yes No

Do you drink alcohol? Yes No

If so how many units per week (1 unit = 1 small glass wine/half pint/one shot)

Do you feel LOW blood sugar levels affect the quality of your life? Yes No

If so please describe.

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How often during the last 3 months have you had a blood sugar test reading of 15mmol/l or above without symptoms?

Never

Occasionally

1-3 times a week

4-6 times a week

Daily

I always sometimes do not have symptoms when my blood sugars are 15mmol/L or above. Please describe any symptoms

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Do you check your urine for ketones when your blood sugars are high? Yes No

Do you respond/treat your high blood sugar levels? Yes No

If yes how?

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Have you ever needed medical intervention/ been admitted to hospital due to high blood sugar levels or diabetic ketoacidosis? Yes No

Please give details

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Medical Detection Dogs

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